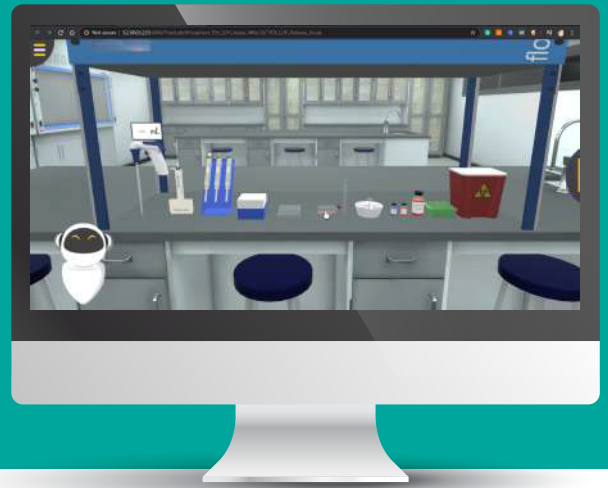


In Vitro Cell Viability by the Lactate Dehydrogenase Assay (LDH)



General Aim

This experiment aims at determining the activity of the cytoplasmic enzyme lactate dehydrogenase (LDH) released by damaged cells after exposure to the geometric concentration of different nanoparticles.

Method

In Vitro Colorimetric Analysis of Cell Viability by Lactate Dehydrogenase (LDH) Assay

Learning Objectives (LOs)

- Successfully handle the required instruments and consumables needed in the experiment.
- Check the confluence and count cells under the microscope.
- Dilute the cells to a specific count suitable for seeding in the 96-well plate.
- Calculate the concentration of tested chemicals and prepare the calculated doses in the cell culture medium.
- Aspirate the old medium and add the new medium containing the tested chemicals in the appropriate wells.
- Add the LDH assay substrate solution to cells and read the results using the microplate reader after incubation of cells.
- Prepare desired concentrations of LDH standard solution in cell culture medium, and draw the standard curve.
- Read the results of LDH and calculate the cytotoxicity percent for cells exposed to different doses of tested chemical(s).

Theoretical Background/Context

- Cytotoxicity is the quality of being toxic to cells. Cytotoxicity assays are widely used by the pharmaceutical industry to screen for cytotoxicity in compound libraries. Researchers, as in Nanotechnology, can either look for cytotoxic nano-based materials, if they are interested in developing a nanomedicine that targets rapidly dividing cancer cells, for instance; or they can screen "hits" from initial high-throughput nanoparticle screens for unwanted cytotoxic effects before investing in their development as a nanomedicine. Assessing cell membrane integrity is one of the most common ways to measure cell viability and cytotoxic effects.
- Compounds that have cytotoxic effects often compromise cell membrane integrity. Vital dyes, such as trypan blue or propidium iodide are normally excluded from the inside of healthy cells; however, if the cell membrane has been compromised, they freely cross the membrane and stain intracellular components. Alternatively, membrane integrity can be assessed by monitoring the passage of substances that are normally sequestered inside cells to the outside.

Theoretical Background/Context (Cont')

- Protease biomarkers have been identified that allow researchers to measure relative numbers of live and dead cells within the same cell population. The live-cell protease is only active in cells that have a healthy cell membrane, and loses activity once the cell is compromised and the protease is exposed to the external environment. The dead-cell protease cannot cross the cell membrane, and can only be measured in culture media after cells have lost their membrane integrity.
- Cytotoxicity can also be monitored by measuring the reducing potential of the cells using a colorimetric reaction, or using ATP content as a marker of viability. Such ATP-based assays include bioluminescent assays in which ATP is the limiting reagent for the luciferase reaction. A label-free approach to follow the cytotoxic response of adherent animal cells in real-time provides the kinetics of the cytotoxic response rather than just a snapshot like many colorimetric endpoint assays.

Principle of Work

- Lactate dehydrogenase (LDH) is a stable cytoplasmic enzyme that is found in all cells. LDH is rapidly released into the cell culture supernatant when the plasma membrane is damaged, a key feature of cells undergoing apoptosis, necrosis, and other forms of cellular damage. LDH activity can be easily quantified by using the NADH produced during the conversion of lactate to pyruvate to reduce a second compound in a coupled reaction into a product with properties that are easily quantitated.
- This protocol measures the reduction of a yellow tetrazolium salt, INT, by NADH into a red, water-soluble formazan-class dye by absorbance at 492 nm. The amount of formazan is directly proportional to the amount of LDH in the culture, which is, in turn, directly proportional to the number of dead or damaged cells.

